



Recovery and the LGBTQ+ Community.

The LGBTQ+ community faces unique challenges and barriers when it comes to recovery. Discrimination, stigma, social isolation, and internalized shame can contribute to substance abuse and make seeking help more difficult. At Sunny Dunes we believe a supportive and affirming community is crucial for LGBTQ+ individuals in recovery. The safe space the Clubhouse offers allows individuals to connect with others who have similar experiences and difficulties, creating community.

That's why we created Sunny Dunes Clubhouse. We believe a supportive and affirming community is crucial for LGBTQ+ individuals in recovery. These support groups and recovery programs provide a place for individuals to share their experiences, receive support from peers who understand their unique challenges, and access resources tailored to their needs.

OUR MISSION

To provide and maintain a safe environment to hold 12-step and other recovery group meetings and related events for the LGBTQ+ recovery community and their allies in Palm Springs and the greater Coachella Valley.

A History of Help.

Sunny Dunes Clubhouse started with about 20 members meeting in the summer of 1992. Since then, we've grown to more than 180 supporting members enabling more than 115,000 meeting attendees per year.



To become a supporting member of the clubhouse or to make a donation, find our meeting schedule, or learn more about us, visit sunnydunes.org.



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Sunny Dunes Inc. (dba Sunny Dunes Clubhouse) is a tax-exempt organization as specified by the IRS under section 501(c)(3) of the Internal Revenue Code. Contributions to Sunny Dunes Inc. are deductible under section 170 of the Code. Our Federal Tax ID number is #88-0550859.

A SAFE SPACE FOR LGBTQ+ INDIVIDUALS

Changing Lives Through Recovery And Community.

Sunny Dunes Clubhouse is *the* LGBTQ+ recovery oasis in the desert.



You Can Find Help Here.

More than 300 people attend meetings at Sunny Dunes Clubhouse each day. Here, they've found a safe, welcoming environment for recovery meetings supportive of LGBTQ+ members.

Your Community of Support is Waiting.

Addiction can manifest in various forms, including substance abuse and behavioral addictions. Sunny Dunes Clubhouse opens our meeting spaces to a variety of recovery programs with an LGBTQ+ emphasis.

These include (but aren't limited to):

Alcoholics Anonymous (AA): Perhaps the most well-known recovery program, AA follows a 12-step approach to recovery.

Crystal Meth Anonymous (CMA): A fellowship of individuals who have come together to support each other in their recovery from addiction to crystal methamphetamine.

Co-dependents Anonymous (CoDA): A twelve-step program designed to support individuals who struggle with codependency.


Al-Anon: Al-Anon is a worldwide fellowship that offers a program of recovery for families and friends of alcoholics.

Narcotics Anonymous (NA): A Twelve-Step fellowship of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other to stay clean.

Debtors Anonymous (DA): DA is a Twelve Step program which offers hope for people whose use of unsecured debt causes problems and suffering.

Sex and Love Addicts Anonymous (SLAA): A Twelve Step fellowship based on the model pioneered by AA. The only qualification for S.L.A.A. membership is a desire to stop living out a pattern of sex and love addiction.

Other recovery programs that meet include: Adult Children of Alcoholics & Dysfunctional Families (ACOA), Overeaters Anonymous (OA) and Workaholics Anonymous (WA).



“
They say recovery
takes a village,
and I'm so grateful
Sunny Dunes is
my village.”

- Megan R.

